



**MINUTES OF THE WALNUT TREE PPG MEETING HELD AT WTHC ON  
THE 13<sup>th</sup> May 2025 @ 11 a.m**

<b>Attendees</b>	Jacqui Theobald (JT): Sabrina Kan (SK) Stephanie Warren (SW): Mary McMahon (MM): Marion Stevenson- Hoare (MS): Dilip Nathwani: Mary Charlewood (MC)
<b>Apologies</b>	Hiteshree Nathwani: Dhanraji Singh : Counsellor Russell O'Brien: Jean Robertson : Anne Burke: Anne Baggott: Ian McColl: Stephen Riggs: Brian Maxwell
<b>Chairperson</b>	Janet Smith ( JS)

**1. Welcome and apologies**

JS welcomed all present to the meeting. Apologies had been received from Anne Burkle, Anne Baggott, Ian McColl, Stephen Riggs and Brian Maxwell. Councillor O'Brien stayed at the meeting briefly prior to attending WCC

**2. Matters arising from the previous meeting**

None arising and thus the minutes taken as a true reflection.

**3. Report from the surgery.**

Whilst no member of the surgery staff was present at the meeting JS had met with Clare Briars (CB) previously. CB asked if the PPG would consider assisting in obtaining a health monitoring system/ scales for the surgery waiting room. Following discussions members felt that a secluded area for health monitoring would be beneficial but were hesitant to commit to raising funds but would consider trying to obtain sponsorship from such as drug companies or pharmacies. DN reported that Boots had a similar piece of equipment that customers could access with a £2 slot payment. DN agreed to investigate possible sponsorship. In the interim JS suggested that CB investigate the actual equipment wanted and get back to the committee next time.

CB reported that the admin staff were analysing the DNA numbers as previously requested.

JT asked when the carpark markings were to be upgraded and this was confirmed for 22<sup>nd</sup> May.

No further progress had been made with Walton High School or the Walnut Nursery School projects.

Councillor O'Brien reported that with the acceptance of the Universal Studios development there would be many changes to the rail routes, stations and roadways in the area which would affect residents, but he would report more fully at the next meeting.

#### **4. Format of the PPG/ Meeting with other PPGs in the area.**

It had been a project of the WTHC PPG to try and contact other PPGs in the area, but JS had experienced difficulties obtaining contact information. Prior to Covid the PPGs met bi-annually to share experiences. CB had kindly written to the area practice managers and obtained the information from several groups enabling JS to contact several PPGs in the area. CMK and Newport Pagnell were keen to meet up and share information. Unbeknown to the WTHC PPG, the Redhouse surgery had embarked on a similar task and were keen to expand. JS had arranged to meet up with them and discuss. Whilst we had envisaged that Healthwatch would be the ideal avenue for such a venture, it would seem that finances and manpower precluded them taking on the task. The committee agreed that we should pursue with Redhouse. Interestingly several PPGs had appointed officers within their groups – e.g. finance, secretarial and treasurers. The committee felt that with our small group this was neither necessary nor feasible.

#### **5. Information sessions / coffee mornings.**

The committee agreed that providing relevant information to patients at time of need was imperative. We again request that one of the Social Prescribers attend one of the PPG meetings.

JT asked if MK Hospital provided relevant support information to grieving relatives. Whilst MK Hospital had information on the website this is possibly not an appropriate method when a family member is grieving. Noted that other hospitals provide a hard copy grieving pack. JT would investigate. JS to ask what the process was in the practice to support grieving relatives - was a Social Prescriber notified or did a member of staff contact? It was felt that the committee could investigate process and perhaps compile an information pack that the practice could use, if not already available.

MSH agreed to compile a list of volunteer groups that could be provided to patients and MM suggested the directory of Age UK for befriending could be useful.

Providing relevant information to the patient community is essential and whilst the surgery had placed much information in the waiting rooms – it was an interesting exercise to ask the committee members what they could remember of the

noticeboard posters – many did not remember having seen any such info. Again, this reinforced the need to consider providing hard copy data at the time of need.

**6. Macmillan Coffee Morning**

JS had received information from Macmillan for a Coffee Morning around the 26<sup>th</sup> September to raise funds. To discuss with CB and if agreed an appropriate date.

**7. Walking Group**

MM reported that the walking group had become an important health and social avenue. Members often met in between the walks and had arranged a social BBQ.

**8. Newsletter**

The Newsletter was nearing completion with articles on Social Prescribing, Pharmacy First and information on The Patients Association.

**9. Any Other**

With no further business JS thanked the members who had attended. The next PPG meeting has been scheduled for the 24<sup>th</sup> of June 2025 at 11 am.

